

Special Needs Recreation – Winter & Spring 2012

Special Needs Activities Coordinator: Ranwa Nin El-khoury, 407-571-8814, Rrel-khoury@altamonte.org

To attend activities, participant must meet the Program Eligibility and complete a Participant Membership Form.
Once form is on file, participant is eligible to show up at events. Select programs require additional registration.
 Additional Registration Includes: (1) Reserve your spot via phone or email (2) Complete/submit additional paperwork and payment
 Please send your reservation to only: 407-571-8814 or rrel-khoury@altamonte.org

STOP TRIPS

Description: STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically and educationally beneficial field trips. Drop off and pick up is at Eastmonte Park.

Cost: Cost: \$3 per person with lunch provided. Financial Assistance Available. *Feel free to send souvenir money for trips*

Additional Registration: Required

You must RSVP on the designated day a week prior to the trip by phone or email. Reservations are taken in the order received. Only one message is required. Space is limited.

Please send your reservation to only:

407-571-8814 or rrel-khoury@altamonte.org

Upcoming Trips:

“Day at Camp” at Camp Thunderbird

Trip Date: January 7 from 9am-4pm RSVP on Jan. 3

Blue Springs/DeLeon Springs & Old Spanish Sugar Mill

Trip Date: February 4 from 8am-4pm RSVP on Jan. 27

Strawberry Festival in Plant City (*Drop off & Pick up at Westmonte Park*)

Trip Date: March 3 from 8am-4pm RSVP on Feb. 24

Location to be announced in e-newsletter

Trip Date: April 21 from 9am-4pm RSVP on April 13

30th Annual Channel 6 Softball Game

Trip Date: May 12 from 10am-4pm RSVP on May 4

NIGHTBIRD DANCES

Description: Themed dances are held one Friday a month from 7-9pm at Eastmonte Park. Prizes awarded for dance contest winners, costume contest winners & birthdays! Drinks and light snacks will be provided.

Cost: \$2 per participant and \$1 per guest (such as a parent, caregiver, etc.). Bring a canned food item for our Food Pantry.

Additional Registration: None. If you have a group home or a large party, call in advance if you wish to reserve your group a table(s).

Upcoming Dances:

January 13	New Years Bash
February 10	Sweethearts Dance
March 9	Luck of the Irish
April 13	Country Hoe Down
May 11	Fiesta
June 8	Hawaiian Pool Party (<i>Westmonte Park</i>)
	RAIN OR SHINE. Bring Swim Suits/Towels

*Oviedo Parks and Recreation offers dances on alternate evenings. Please visit our website to view their schedule.

BELLY DANCE

Description: Our Special Needs Belly Dancers & family members meet the 2nd and 4th Wednesday of each month at Eastmonte Park to exercise & prepare for performances from 6:30-7:30pm.

Cost: \$15/season. Financial Assistance Available. Family members-free

Additional Registration: None

Practice Dates: Jan 25, Feb 22, Mar 14, Mar 28

April 11, April 25, May 9, May 23, June 27, July 25

THURSDAY NIGHT OUT

Description: “Thursday Night Out” is held on the 3rd & 4th Thursday of the month at Westmonte Park from 7:30-8:30pm. Programs are designed to allow participants to get together and have some fun!

Cost: \$1.00 with light refreshments provided.

Additional Registration: Reserve spot for cooking classes week prior.

Jan 19: Karaoke Night	Jan 26: Cooking Class
Feb 16: Karaoke Night	Feb 23: Cooking Class
Mar 15: Karaoke Night	Mar 22: Cooking Class
April 19: Karaoke Night	April 26: Cooking Class
May 17: Karaoke Night	May 24: Cooking Class

BAMBINO BUDDY BALL

Description: This division encompasses players ages 5-20 who are either physically and/or mentally challenged. This baseball league makes allowance for a “buddy” to help the player swing a bat, round the bases, catch a ball, etc. Athlete leadership positions available.

Cost: Free

Additional Registration: Contact Sarah Reece at 407-463-2504, sarah.reece@orhs.org, http://cfbuddyball.baberuthonline.com

BOWLING

Description: Practice is held every Monday, excluding city holidays, from 3-5pm at the Altamonte AMF Lanes. Scores are recorded throughout the year and trophies are awarded at a Banquet with participant’s high score. “Pizza Mondays” are held on the last Monday of the month. Pizza will be sold by the slice for \$1.50 each.

Cost: \$2 per game includes shoes. **Additional Registration:** None

Bowling Banquet: Monday, June 11, 2012. Invitations to go out in May.

BALLROOM DANCE

Description: The Orlando Chapter of USA Dance teaches an 8-week workshop on Sundays at Lake Brantley South in the Fall and Spring. Practice is located at Lake Brantley South Gym, 1010 Sand Lake Road. Gym located across from Lake Brantley High School by Forest City Elementary

Spring Workshop starts Sunday, February 5, 2012.

Time/Levels: Silver- 1pm-1:45pm or Gold- 1:45pm-2:30pm

Cost: \$20.00, Financial Assistance Available. Space Limited.

Additional Registration: Required. Register between Jan 3-13

Contact us for registration paperwork or more information.

Altamonte Ballroom Stars Showcase

Sunday, March 25 from 1:30-2:30pm

Featuring our special stars, volunteer partners and professional performers. Look for flier in our e-newsletter.

WINTER CAMP

Description: Crafts, field trips, games, special guests & more!
 Held on Wednesdays: Jan 11, 18, 25 and Feb 1, 8, 15, 22, 29
 Located at Eastmonte Park from 9am-4pm

Cost: \$50.00, Financial Assistance Available. Space is Limited.

Additional Registration: Required. Register between Dec 5-16

Contact us for registration paperwork or more information.

SUMMER PROGRAMS

Summer Camp: Registration Opens May 7. Camp starts June 6.

Swim Lessons: Session in May-August for ages 3-5 and 6-up.

Contact us for registration paperwork or more information.

SPAGHETTI DINNER *Spread the word - Help our programs!*

To benefit the Advisory Board for the Disabled, Inc.
 Friday, February 24, 2012 from 5-8pm at Eastmonte Park.
 Cost: \$8 for adults and \$6 for children

SPRING SPRINT 5K/WALK

To benefit the Advisory Board for the Disabled, Inc. on Saturday, April 28, 2012 at Cranes Roost Park. Runners and Sponsors Needed.

SPARKLER’S CHEERLEADING

Good Luck to the team as they attend two competitions: March 24 in Tampa and April 14-15 in Jacksonville. GO SPARKLERS!

ANNUAL PARTICIPANT MEMBERSHIP FORMS

These must be on file for participants to take part in our activities. Forms are renewed annually and do not need a doctors signature, but can be completed by the parent or guardian. Forms are available on our website or can be mailed to you.

CHECK US OUT ONLINE

Visit the Advisory Board website for information on our programs and/or updates. There you can find schedules, registrations forms, & lots more! www.AdvisoryBoardforDisabled.org or www.AltamonteSports.org

View our event photos and announcements online at: www.Facebook.com/AltamonteSpringsSpecialPopulation

E-NEWSLETTER

Our E-newsletter comes out monthly with reminders about all our activities and events, as well as any updates.

To sign up, please e-mail us at Rrel-khoury@altamonte.org

PROGRAM ELIGIBILITY

Participants with special needs must meet the following criteria to take part in programs. If they are unable to do so, participant is welcome to attend programs, but must provide their own assistant for supervision (such as a family member, companion, etc.)

- Age 13 and over (with exception to select specially designed youth programs)
- Be able to function in a group structure (1 staff member/volunteer per 5 participants)
- Capable of participation in group activities
- Have independent bathroom skills
- Be able to follow basic instructions

NEXT NEWSLETTER

Look out for our next newsletter in mid-May 2012 with information on our summer activities.

CITY OF ALTAMONTE SPRINGS SPECIAL NEEDS RECREATION 2012 WINTER & SPRING NEWSLETTER

The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities.

To Join: Participant must meet eligibility and complete an Annual Membership Form.

ACTIVITIES COORDINATOR:

Ranwa Nin El-Khoury
Mail to: 225 Newburyport Avenue
Altamonte Springs, FL 32701
Office: 407-571-8814
Fax: 407-571-8809
Email: Rrel-khoury@altamonte.org
www.AdvisoryBoardforDisabled.org
www.AltamonteSports.org

ACTIVITY LOCATIONS:

Eastmonte Park - Office
830 Magnolia Drive
Altamonte Springs, FL 32701

Westmonte Park
624 Bills Lane
Altamonte Springs, FL 32714

AMF Altamonte Lanes
280 Douglas Avenue
Altamonte Springs, FL 32714

Lake Brantley South Gym
1010 Sand Lake Road
Altamonte Springs, FL 32714

