

# SPECIAL NEEDS ACTIVITIES

2008 Winter/Spring Newsletter

Special Needs Activities Coordinator:  
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Eastmonte Park  
830 Magnolia Drive  
Altamonte Spgs, FL 32701

Westmonte Park  
624 Bills Lane  
Altamonte Spgs, FL 32714

AMF Altamonte Lanes  
280 Douglas Avenue  
Altamonte Spgs, FL 32714

## STOP TRIPS

STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically, educationally, and psychologically beneficial field trips.

Cost is \$1/person with lunch provided.

Drop off and Pick up is at Eastmonte Park.

Space is limited. To attend you must RSVP on the designated reservation day.

### Leu Gardens

January 19, 2008, 9am-4pm

RSVP on January 11

### Blue Springs & DeLeon Springs

February 2, 2008, 8am-4pm

RSVP on January 25

### Strawberry Festival

March 1, 8am-4pm

RSVP on February 29

### Gatorland

April 19, 2008, 9am-4pm

RSVP on April 11

### Channel 6 Softball Game

May 3, 2008, 10am-4pm

RSVP on April 25

## THURSDAY NIGHT OUT

Westmonte Park on Thursdays from 7-8:30pm.

Cost: \$1.00 with snacks & refreshments.

Volunteers Needed! Please contact Nin to sign up.

2nd Thurs: Craft Night	3rd Thurs: Karaoke Night	4th Thurs: Game Night
Jan. 10	Jan. 17	Jan. 24
Mar. 13	Feb. 21	Feb. 28
April 10	April 17	March 27
May 8	May 15	April 24
5th Thurs: Movie Night		May 22
Jan. 31	May 29	

## BOWLING

Practice is held every Monday, excluding holidays, from 3-5pm at the Altamonte AMF Lanes. Cost is \$1.50/game which includes shoe rental.

Scores are recorded through the year and trophies are awarded at the Banquet announcing each participant's high score.

**Bowling Banquet:** Monday, June 16, 2007 at Eastmonte Park from 6-8pm.

**Special Olympics Bowling:** Begins on Monday June 23, 2008 from 3-5pm.

## NIGHTBIRD DANCES

Themed dances are held one Friday per month from 7-9pm at Eastmonte Park. Refreshments & Snacks are provided. Cost: \$1 per person attending. (Includes parents, caregivers, etc.) Prizes awarded for dance contest winners, costume contest winners & birthdays! Large parties and/or group homes- please call in advance to reserve a table(s).

- January 4** News Years Bash
- February 15** Sweethearts Dance
- March 14** St. Patty's Day Dance
- April 11** Country Western Hoe Down
- May 9** SuperHero Bash
- June 6** Hawaiian Luau- Rain or Shine!  
\*Pool Party at Westmonte Park

## SPECIAL OLYMPICS SEMINOLE

Bocce, Track and Field, Cycling, Tennis, Soccer & Volleyball are schedule to begin in early/mid January. Swimming will begin in mid-May. Gymnastics, Bowling, Powerlifting & Softball should begin in June/July. You must have a Special Olympics Physical on file to participate. For More Information: 407-263-8043 or [www.SpecialOlympicsSeminoleCounty.org](http://www.SpecialOlympicsSeminoleCounty.org)  
\*You must have a current Special Olympics Physical Form to participate in these sports.

## 2008 WINTER CAMP

January 9, 16, 23, 30 & February 6, 13 9am-4pm at Eastmonte Park. Cost: \$35.00 Crafts, Field Trips, Guests, Games & More! Call/Email to register between: Dec. 10 – Jan. 4 **Summer Camp** registration will begin on May 1st. Please see our Summer newsletter for details.

## WE ARE ONLINE!

To sign up for our Monthly E-newsletter, e-mail us at [rrel-khoury@altamonte.org](mailto:rrel-khoury@altamonte.org)

Visit our Online Photo Gallery at:  
[www.AltamonteSpecials.MyPhotoAlbum.com](http://www.AltamonteSpecials.MyPhotoAlbum.com)

## 2008 MEDICALS & CALENDARS

Please make sure to turn in your 2008 Medical Form ASAP. If you do not turn it in, you will not be able to participate in our programs.

If you did not get our 2008 calendar at the Holiday Gala, please make sure to pick one up at any of our events.

## SPAGHETTI DINNER

Fri, February 22, 2008 from 5-8pm at Eastmonte  
Adults: \$7.50 Children: \$5.50 (12 & under)

Menu: Salad, Garlic Bread, Spaghetti (sauce with & without meat), Apple Pie, Coffee, Orange Drink, & Iced-Tea.

**All proceeds benefit:  
The Advisory Board for the Disabled, Inc.**

## SPECIAL NEEDS BELLYDANCING

Our Special Needs Belly Dancers & family meet the 4th Wednesday of each month to exercise & prepare for performances. Westmonte Park from 6:30-7:30pm. Cost: \$1.00/person.

Jan 23	Feb 27	Mar 26	Apr 23
May 28	Jun 25	Jul 23	