

Winter/Spring 2010 Volunteer Opportunities

The City of Altamonte Springs Special Community Services and the Advisory Board for the Disabled, Inc. provide social activities throughout the year at minimal cost to the mentally and physically challenged population in Altamonte Springs and surrounding communities. To register to volunteer, individual must complete The City of Altamonte Springs Volunteer Screening Process.

Special Needs Activities Coordinator: **Ranwa Nin El-khoury**

Office: 407-571-8814 Fax: 407-571-8809 Email: Rrel-khoury@altamonte.org www.AdvisoryBoardforDisabled.org

Thursday Night Out

Thursdays from 7:30-8:30pm at Westmonte Park, 624 Bills Lane, Altamonte Springs, 32714

<u>Date</u>	<u>Event</u>	<u>Volunteers Needed</u>
Thursday, January 14, 2010	Crafts & Games	5-10 volunteers
Thursday, January 21, 2010	Karaoke	5-10 volunteers
Thursday, January 28, 2010	Cooking	5-10 volunteers
Thursday, February 11, 2010	Crafts & Games	5-10 volunteers
Thursday, February 18, 2010	Karaoke	5-10 volunteers
Thursday, February 25, 2010	Cooking	5-10 volunteers
Thursday, March 11, 2010	Crafts & Games	5-10 volunteers
Thursday, March 18, 2010	Karaoke	5-10 volunteers
Thursday, March 25, 2010	Cooking	5-10 volunteers
Thursday, April 08, 2010	Crafts & Games	5-10 volunteers
Thursday, April 15, 2010	Karaoke	5-10 volunteers
Thursday, April 22, 2010	Cooking	5-10 volunteers
Thursday, April 29, 2010	Movie	5-10 volunteers
Thursday, May 13, 2010	Crafts & Games	5-10 volunteers
Thursday, May 20, 2010	Karaoke	5-10 volunteers
Thursday, May 27, 2010	Cooking	5-10 volunteers

Tasks: Assist participants with creation of craft or food item. Help serve snacks and drinks. Facilitate and take part in games.

Bowling

Mondays from 3-5pm at AMF Altamonte Lanes, 280 Douglas Ave, Altamonte Springs, 32701

All Mondays from 3-5pm 5-8 volunteers

Tasks: Assist participants at each lane by monitoring game play and writing down final scores.

Nightbird Dances

Fridays from 7-9pm at Eastmonte Park, 830 Magnolia Drive, Altamonte Springs, 32701

<u>Date</u>	<u>Event</u>	<u>Volunteers Needed</u>
Friday, January 08, 2010	New Year's Bash	5-10 needed
Friday, February 12, 2010	Sweethearts Dance	5-10 needed
Friday, February 12, 2010	"Luck of the Irish"	5-10 needed
Friday, April 16, 2010	Country Hoe Down	5-10 needed
Friday, May 14, 2010	Cinco De Mayo Fiesta	5-10 needed
Thursday, June 04, 2009	Hawaiian Pool Party (Westmonte Park)	5-10 needed

Tasks: Serve food, drinks, help in the kitchen, clean up, supervise the dance floor, have fun! :)

STOP Trips (Saturday Time Out for Parents)

Saturdays from 8am-4pm at Eastmonte Park, 830 Magnolia Drive, Altamonte Springs, 32701

<u>Date</u>	<u>Event</u>	<u>Volunteers Needed</u>
Saturday, January 23, 2010	Jungleland - Kissimmee	1-3 needed
Saturday, February 06, 2010	Deleon Springs	1-3 needed
Saturday, March 06, 2010	Plant City	1-3 needed
Saturday, April 24, 2010	UCF Arena - Circus	1-3 needed
Saturday, May 08, 2010	Channel 6 Softball Game	1-3 needed

Tasks: Chaperone participants on field trip and ensure their safety. Usually assigned to 4-6 participants.

Ballroom Dancing

Sundays from 1:30-2:30pm at Lake Brantely South, 1010 Sand Lake Rd, Altamonte Springs, 32714

12 week workshop(s) 10-20 needed

Tasks: Serve as a dance partner to an individual with special needs. Volunteers needs to commit to the full workshop.

Play Your Way - Youth Program

Saturdays from 8am-11:30am at Westmonte Park, 624 Bills Lane, Altamonte Springs, FL 32714

<u>Date</u>	<u>Event</u>	<u>Volunteers Needed</u>
Saturday, February 27, 2010	Fun Fitness for Children	5-10 needed
Saturday, May 22, 2010	with Special Needs	5-10 needed

Tasks: Serve as a "buddy" for children (ages 5-12) with special needs as they take part in activities to promote fitness & play.